

Tony Swainston Ltd Coaching & Mentoring ILM Level 7



Tony Swainston Ltd is an Approved ILM Centre



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Tony Swainston Ltd Coaching & Mentoring Courses



Tony Swainston Ltd Coaching & Mentoring Courses are certificated through ILM at:

Level 5 - broadly equivalent to Degree level

Level 7 - broadly equivalent to Masters level

ILM is the UK's largest awarding body for leadership and management programmes

All ILM qualifications sit on the Qualifications and Credit Framework (QCF).

The Tony Swainston Ltd Level 7 Coaching & Mentoring Course



This document refers to the Level 7 Certificate in Executive Coaching & Mentoring. It is broadly equivalent to degree level.

(N.B. You may also opt to take the Level 7 Diploma in Executive Coaching & Mentoring. If you wish to discuss the best pathway for yourself then drop me an email on tony@tonyswainston.com or call me on 07919 045 429 or 01423 536 307 for an informal chat.)

Tony Swainston Ltd working in partnership



Tony Swainston Ltd is an Approved Centre for ILM Leadership & Management and Coaching & Mentoring qualifications



The marking of scripts, registration of candidates and all administration for the ILM courses provided by Tony Swainston Ltd is carried out in partnership with ILM



Who can attend the course?



The Tony Swainston Ltd ILM Level 7 Certificate in Executive Coaching & Mentoring is open to all senior managers, HR/OD professionals, professional coaches or mentors.

It is also ideal for those who want to develop their expertise and credibility in coaching and mentoring, or who want to establish coaching on an organisational level.

What is the taught course structure?



Four stand-alone facilitated training days. These are structured with 2 days together followed by a period of time, which may be 1 or 2 months, before the final 2 days of training.

How long does it take for me to complete the ILM programme?



- ❑ This could be anything from 6 to 12 months on average.
- ❑ People like to have this time to do their own research and study before completing the written assignments that are then submitted for assessment.

What personal needs are addressed?



The Tony Swainston Ltd ILM Level 7 Certificate in Executive Coaching & Mentoring provides participants with the knowledge, skills and confidence to perform effectively as coaches or mentors as part of their normal work role.

What organisational needs are addressed?



- A. The training material and curriculum targets the important concepts of coaching and mentoring in the corporate, governmental or educational sectors.
- B. The individual needs of organisations are also incorporated into the training curriculum in order to maximize the impact.

What are the elements of the course?



The Tony Swainston Ltd ILM Level 7 Certificate in Executive Coaching & Mentoring comprises four individual days. These are:



How do I achieve the certificate?



The ILM Level 7 Certificate in Coaching & Mentoring requires:

- Attendance of all 4 days
- The successful completion of three written assignments

What does registration provide for me?



You will receive:

- The Tony Swainston Ltd ILM Level 7 Certificate in Executive Coaching & Mentoring Course Manual
- Four workshop sessions
- Registration with ILM
- ILM membership during the study period
- External assessment costs
- 1-1 and on-going support
- Two set texts
- ILM certification

This is a comprehensive, recognized training programme that offers excellent value for money with a balanced approach to both theory and practice of Coaching and Mentoring.

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Training day 1

1

Understanding the context
of coaching and mentoring
in a strategic business
environment



Day 1: “Understanding the context of coaching and mentoring in a strategic business environment” includes:

- Knowing how to recognise and establish the organisational context, strategy, culture and processes for coaching or mentoring at a senior and strategic level
- Knowing how to compare and contrast a number of contextual applications in coaching or mentoring in organisations and business environments
- Knowing how to review the necessary conditions, skills and practices for effective and ethical coaching or mentoring at a senior and strategic level
- Knowing how to evaluate the contribution of coaching and mentoring relating both to the individual client and to organisational performance

Training day 2

2

Undertaking coaching or mentoring at a senior and strategic level



Day 2: “Undertaking coaching or mentoring at a senior and strategic level” includes:

- Knowing how to agree a contract to coach or mentor clients at a senior/strategic level
- Being able to plan, deliver and review at least twenty hours of coaching or mentoring contact with clients at a senior/strategic level
- Being able to reflect on all coaching or mentoring activity, feedback and supervision

Training day 3

3
Effective coaching
practice



Day 3: “Effective coaching practice 1” includes:

- Supervised coaching practice.
- How to collect feedback on own coaching or mentoring practice and on the effectiveness of coaching or mentoring interventions in enabling the achievement of agreed goals
- How to show evidence of this within the coaching / mentoring diary.
- How to review coaching or mentoring activity and holistically explore this for patterns and personal learning and areas for improvement.

Training day 4

4

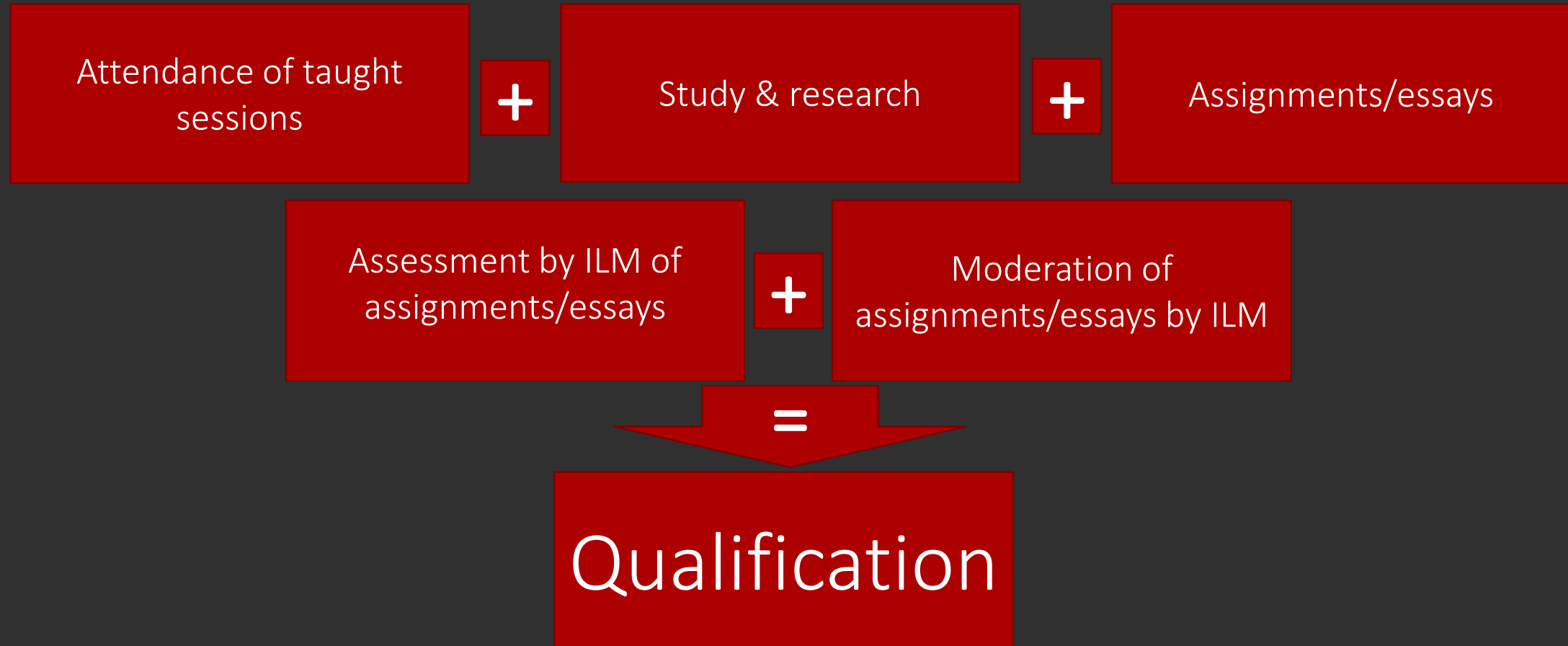
Reflecting on your own ability to perform effectively as a coach or mentor practicing at a senior level



Day 4: “Reflecting on your own ability to perform effectively as a coach or mentor practicing at a senior level” includes:

- Knowing how to review own abilities to perform effectively as an effective coach or mentor at a senior/strategic level
- Understanding how the client’s personal characteristics and organisational context affects coaching or mentoring relationship
- Being able to use reflective learning to position yourself as an effective coach or mentor

Summary: What do ILM courses involve?



Contact



Tony Swainston

Managing Director, Tony Swainston Ltd,
20 Hollins Road, Harrogate, HG1 2JF

Tel: +44 (0) 1423 536307 Mob: +44 (0) 7919 045429

Web: www.tonyswainston.com

Email: tony@tonyswainston.com