

An overview of “A Mindset for Success”, 2017-18

Programme Topics

1. Mindsets essentials 1
 - a. The 4 MAT system
 - b. The Dweck questionnaire
 - c. Why are mindsets important?
 - d. What are mindsets?
 - e. How can we change the mindsets of children?
2. Mindsets essentials 2
 - a. The dangers of rewards and praise
 - b. Hallmark of success
 - c. Giving good praise
 - d. Raising self-esteem
 - e. Fun with mindsets - using messages in videos
3. Mindsets essentials 3
 - a. A review of the brain and mind.
 - b. Guess who? Activity.
 - c. Personality
 - d. Deliberate practice
 - e. Who said it? Activity.
4. Mindsets essentials 4
 - a. Actions taken so far in your classroom and around the school
 - b. The three levels of feedback
 - c. Four aspects of motivation
 - d. Taking deliberate practice forward
 - e. Joe Boaler, maths and mindsets
5. Metacognition 1
 - a. LVT
6. Metacognition 2
 - a. The SOLO taxonomy
7. Metacognition 3
 - a. The learning pit
8. Metacognition 4
 - a. Cooperative learning
9. Wellbeing and mindsets
 - a. The work of Dr Martin Seligman
10. Coaching 1
 - a. How does coaching link with mindsets?
 - b. What is coaching?
 - c. How do I coach?
 - d. What are the key skills of coaching?
11. Coaching 2
 - a. Overcoming barriers to coaching
 - b. Practice coaching
 - c. The benefits of coaching
 - d. How will I use coaching in my school?
12. Cooperative learning – the benefits for pupils

Each school will decide on the inputs from the above list that it wants to focus on.

